

RIVER CRUISE FOR WINE LOVERS

St. Francis Winery & Vineyards

Aboard the AmaDouro • 7 Nights • July 14 to 21, 2021

Porto • Entre-os-Rios • Régua • Barca d'Alva • Pinhão • Porto



EMBARKATION - PORTO, PORTUGAL Board the ship for your Enticing Douro cruise. (D)

PORTO - ENTRE-OS-RIOS

The colorful city of Porto blends the best of old and new, which you can discover on an escorted tour of the historic quarter, a UNESCO World Heritage Site, including the Cathedral, one of the city's



oldest monuments; and the São Bento Railway Station, known for its blue and white tile panels depicting scenes from Portuguese history. You'll also enjoy a tasting of Port, Portugal's most renowned contribution to the world of wine. Prefer to get more active, you can hike to the winery. Later, enjoy a special Portuguese dinner at a local Quinta. (B,L,D)

DAY 3 **RÉGUA - PINHÃO**

Travel to picturesque Lamego, home to one of the most important pilgrimage sites in all of Portugal, where you'll go to the Nossa Senhora dos Remédios (Sanctuary of Our Lady of Remedies). The shrine features a Holy Staircase of nearly 700 steps, beautifully decorated with white and blue tiles, which for the more active adventurer will want to hike. Concluding both tours, you will have the opportunity to sample local traditional specialties, such as Bôlas de Lamego, bread filled with smoked ham; Presunto, a type of dry-cured ham; and Espumante, a Portuguese sparkling wine. Later in the day, venture to Quinta do Seixo, producers of some of the most traditionally made wine in the Douro region. An expert from the Sandeman Winery will take you on a tasting and private tour of the wine cellars, teaching you about the centuries-old winemaking methods. (B,L,D)

DAY 4 **BARCA d'ALVA**

Spend time soaking up the beauty of the Douro River as you cruise to Barca d'Alva, where you will visit Castelo Rodrigo, a small fortified village perched high on a hilltop with centuries-old walls, steep narrow streets and fantastic views. You can also opt to hike up to the village should you wish a more active exploration. While here, taste some delicious locally grown produce. (B,L,D)



Drive to Salamanca, a UNESCO World Heritage Site. Built of golden sandstone, Salamanca is known as a "living museum," and you will have an opportunity to step back in time to the Middle Ages during your escorted tour, which includes the city's elegant university buildings, the twin-towered Cathedral, the intriguingly decorated House of Shells and Plaza Mayor. (B,L,D)

DAY 6 PINHÃO - RÉGUA

Be treated to an exclusive lunch at Quinta da Avessada, where you'll enjoy an authentic and traditional dining experience complete with entertainment. The warm, spirited hospitality of this family-run Quinta is quite special as you will discover. Several family members play in a band, and while dining, they will entertain you. Quinta de Avessada is also a fascinating interactive museum commemorating the history and culture of wine in the Alto Douro region, so you'll have fun discovering all the various stages of wine production as well as doing plenty of tasting. Later cruise to Régua where you can visit the Baroque-style Palacio de Mateus and its gardens, located in the beautiful Trás-os-Montes region. Inside the house you'll see exhibits of religious images and beautiful furnishings, paintings and a ceiling of intricately carved wood.

The gardens here are considered some of the most beautiful in Portugal. (B,L,D)

DAY 7 **RÉGUA - PORTO**

You'll be taken to a very special wine tasting at Casa de Sezim, a magnificent house that has belonged to the same family since 1376. This beautiful and historic house is in the heart of the Minho, the Garden of Portugal, near the UNESCO World Heritage Guimarães, Portugal's first capital. The interior has a series of living rooms that run into one another along the entire side of the house. The walls are covered with detailed scenes from India, America, the Netherlands and other countries. All of them hand-painted onto sheets of wallpaper that have stood the test of time with resiliently bright colors. Its vineyards produce an awardwinning Vinho Verde, green wine. Production started back in the 1930s and the old winemaking equipment can still be seen. (B,L,D)



DAY 8 **PORTO - DISEMBARKATION**

Disembark your cruise in Porto. (B)

Itinerary is subject to change.



